

The Lakewood Since 1984 Heights Herald

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Spring

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How to Make Friends & Win

PamèLa Ashford at March Meeting

Mark your calendars now for the Lakewood Heights Neighborhood Association Annual Membership Meeting on Thursday, March 18th. From 7 to 8pm at Times Ten Cellars Winery in Lakewood at 6324 Prospect.

We're sad to say that after six years as President of LHNA, Melanie Vanlandingham is going to step down and pass the torch. So please come out to wish Melanie a grand farewell and celebrate her supporting us for all these years. It's also a chance to meet your neighbors, see old friends, and hear news about our neighborhood!

Our keynote speaker, PamèLa Ashford, City of Dallas Strategic Customer Ser-

vices, will present the grant program "Loving My Community". This program helps fund neighborhood improvement projects. She will discuss the projects that won grant money in 2009, give a program summary, and discuss upcoming workshops. She will also give a brief overview of the upcoming Census, Weatherization Program, and Non-owner Occupied Rental Program.

We'll also discuss our own plans for the year, hear your new ideas and any concerns you may have, and elect our LHNA officers and street representatives for 2010. It's the most important meeting of the year! **Don't miss it!**

-Heights Herald Editor, David Kindle

Change & Stability + Growth & Celebration

After six years, this is my final entry as president of Lakewood Heights Neighborhood Association. It has been a true honor and honestly a lot of fun to serve as your president. Thanks for all of your support and enthusiasm year after year! I will proudly join a long line of LHNA past presidents, many who still live here in the neighborhood and all who are still doing great things for their community—locally and world-wide, in fact!

This transition is no different than those before—Lakewood Heights is well known for its activism and stability in the face of change. My tenure too has been about change and growth, celebration, and stability. Since 2004, we have seen quite a bit of change through demolitions and new construction. In 2005, I wrote here in the Herald that "Tear-Downs Will Not Tear Us Apart", and worked hard through LHNA

events, programs, and efforts to bring us together for common causes. We are best when we work together. Due to your participation and the love of our neighborhood that is nurtured by all of us, we've done just fine and are stronger for it!

Our safety, comfort, quality, social wealth, vitality and beauty are really a reflection of YOUR participation, and YOUR commitment to each other and to making great things happen right here. Will you protect and nurture your investment in Lakewood Heights by taking an active role?

Make change an opportunity to make a difference. It depends on all the little things you can do to make this wonderful place home.

See you at the meeting! It will be a fun one!

-Melanie Vanlandingham, LHNA President



LHNA

Annual Membership Meeting

**Thurs., March 18th
7 – 8:00 pm**

Where: Times Ten Cellars
6324 Prospect in Lakewood
Shopping Center

Who: YOU & any other
Lakewood Hts residents

Why: Meet & Greet your
neighbors & PamèLa
Ashford!

**Elect your 2010 Officers &
Street Reps**



times ten
CELLARS

6324

PROSPECT

Behind Cantina Laredo in the
Lakewood Shopping Center

JOIN US!

The Lakewood Heights Neighborhood Association Needs You!



LHNA started 26 years ago with a series of phone calls that led to improved Townhouse zoning. In the years since, the association has successfully focused on reducing neighborhood burglaries and other serious crime issues. Since then, LHNA has also been involved in everything from traffic studies, zoning issues, emergency preparedness, city and park planning, event hosting and tree plantings. Politicians and city planners talk about "Quality of Life" issues. LHNA has been addressing them for a long time.

Over the past few years, the streets in this neighborhood have

gone through a significant transformation. Older houses, many of which were used as rental properties, have been knocked down and replaced by single family homes. And families they are—on Goliad last year we had six babies born within two weeks of each other with more on the way. Look around this spring and what you don't see are as many for sale signs. Sure, the economy isn't doing well, but a lot of families have made a significant investment in living here either way and are staying for the long haul.

Why? This is a great place to live. Every street in this neighborhood holds a front yard picnic each spring. And the National Night Out Picnic in the fall is one of the largest in the city. Other activities such as Pump-

kins in the Park and the Thanksgiving feast also bring us together.

As municipal budgets become tighter, it will become more important for us to band together beyond the social realm. We need to remind City Hall that spending on infrastructure such as streets as well as parks and libraries is important.

Our next meeting is March 17th at *x10 Winery*. (How many of your friends around the Metroplex can say they walked to a winery for a neighborhood meeting?) Please show up and find a way to volunteer for the next event as the way for this association to continue is for **YOU** to get involved.

Neighborhood Garage Sale - April 17

Spring is right around the corner and we're planning the first neighborhood wide garage sale on April 17.

If you got an attic full of stuff to clear out or just a few other treasures that are just too good to give or throw away, this will be a good day to set up shop. Even if you're not personally selling anything, this is a good opportunity to take a walk around the neighborhood, meet some of your neighbors and check out their treasures for sale. This is also "Bulky Trash" weekend, so if you can't sell it, and don't want to drag it back into the house, leave it on the curb!

If you have any questions about the city's garage sale guidelines, please visit the city website at www.dallascityhall.com (Basically, you can only have two a year and need to register them on their website.

If this is a success, we'll make it an annual event. So please provide feedback after the event to your street representative.

While we're on the subject, take note of the Tietze Shred event on March 27th. The best way to prevent identity theft is to insure documents with important information, such as old credit card receipts or bank statements, are shredded and destroyed. So take advantage of this opportunity to get rid of unneeded documents and help out the park.



4217 Swiss Avenue
(at Peak)

201 W. Twelfth Street
(at Zang)

8255 Walnut Hill Lane
(across from Presbyterian Hospital)

(214) 824-4760

Member FDIC

Bank of Texas
A full-service independent bank



BULK TRASH SCHEDULE

Keep Lakewood Heights Beautiful & Avoid Large Fines

Our Bulky Trash pickup is the week of the 3rd Monday of each month. The city has the whole week to pick up trash, but you can't place it on the curb earlier than the preceding Thursday morning. No construction or remodeling material, e.g. lumber, roofing materials, concrete, etc.

Month	Pickup	Place After
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March	3/15 – 3/19	3/11
April	4/19 – 4/23	4/15
May	5/17 – 5/21	5/13
June	6/21 – 6/25	6/17
July	7/19 – 7/23	7/15
August	8/16 – 8/20	8/12
September	9/20 – 9/24	9/16
October	10/18 – 10/22	10/14
November	11/15- 11/19	11/11
December	12/20 – 12/24	12/16



For Contact info for LHNA Officers & Street Reps:

Go to the website after the March 18th election.

Helpful Phone Numbers

Any Emergency	911
City Information/Complaints	311
Action Center Hotline	214-670-5111
Animal Control	214-670-5111
Councilmember Angela Hunt	214-670-5415
Atmos Gas (Gas Leak)	214-741-3750
TXU Energy	972-791-2888
ONCOR (Power Outage)	800-233-2133
Water Mains, Hydrants, Sewer	311

Your LHNA membership dues & ads support n'hood activities, services & programs!

Newsletter, Voice at City Hall, Crime Watch, Zoning/Code Enforcement, Front Yard Picnics, Yard of the Month, National Night Out Picnic, Pumpkins in the Park, Tietze Park Support, Thanksgiving Potluck

THANK YOU FOR JOINING OR RENEWING YOUR 2010 LHNA MEMBERSHIP TODAY!

BRING Dues & your form to the MEETING or MAIL TO: LHNA, PO Box 141051, Dallas , TX 75214

Dues enclosed : \$20 per household \$50 Patron \$5 Senior Please print clearly

Name(s): _____

Address: _____ Moved to L Hts when? _____

Home Phone: () _____ E-mail: _____

Prefer LHNA newsletters delivered to your door? e-mail only? Both?

Pet Description: _____

I /we would like to help with or are concerned about: _____

THE FRIENDS OF TIETZE PARK FOUNDATION
Presents

Tietze Shred 3!

(A Document Destruction Event & Fundraiser for Tietze Park)

SATURDAY – MARCH 27TH
9 a.m. to 1 p.m.

**Parking Lot - Skillman Church of Christ
3014 Skillman St. (at Monticello)**

2 TRUCKS THIS YEAR!!

On-site document shredding services provided by Brinks

COST: \$7.00 for up to 1 standard banker's box (30 lbs. approx.)

\$5.00 per additional banker's box

Seniors (65 or older): \$5.00 each box

Info: tietzeshred@sbcglobal.net or 214/212-4257

10% OF PROCEEDS WILL BENEFIT SCOC'S ANGEL FOOD MINISTRIES

Neighborhood Association 2010 Events

*Watch for newsletter & website updates
prior to event **

March 18 - Annual Meeting & Elections – Times Ten Winery

March 28 - TietzeShred 9:00 to 1:00 p.m.– Skillman Church of Christ (SCOC)

May 16—Lake Woodstock Festival noon–8pm, Lakewood Shopping Ctr.

June - LHNA Membership Meeting

Mid-June - Front Yard Picnics – each Street

August - Splash Night at Tietze Park Pool

August - Dallas Homeowners Leagues (DHL) Boot Camp (TBA)

October - Texas Night Out – Tietze Park

October - Pumpkins in the Park – Tietze Park

November 24 -Thanksgiving Potluck – SCOC

Dates of future events are tentative, based on funding and planning

Mark Your Calendars

One Day is Here! Expanded Recycling

By now everyone has hopefully received a door hanger, a letter from the city and maybe even a phone call letting you know that the City of Dallas is now picking up our trash once a week. Otherwise, you may have found out the hard way that our pick-up day is **MONDAY** if you put your trash out on a Thursday, only to find it still there Friday morning or beyond.

The good news is that the recycling is now being picked up weekly as well. The Green Dallas website www.greendallas.net provides a lot of tips on what can and can't be recycled. Gener-

ally a lot of common household refuse can be recycled. Glass and plastic bottles are the most common. Paper that hasn't been contaminated by food (*sorry, no pizza boxes*) is also recyclable. Styrofoam is one of the biggest question marks, and unfortunately it can't be recycled.

The bulk trash collection is still once a month. The last page of this newsletter has the updated schedule.

All questions about the once a week program can be addressed at www.onedaydallas.com or by calling **311**.



LHNA & the Heights Herald Going Full Electronic

If you haven't visited lately, the **LHNA website** is looking great. Chris Moseley (Palo Pinto) & Donna Turman (Llano) have been posting pictures regarding the recent snowfall as well as information about the One Day Dallas and other neighborhood events.


In fact, we are working hard to make this print edition of the Heights Herald obsolete. Did you know that the newsletter is the largest single expenditure for the association? We are going to work hard this year to increase our online presence and

electronic communication and decrease the printed format. For the Annual March Membership meeting, we'll still distribute the newsletter to your doorstep. But otherwise, look to your e-mail inbox for future communications and the newsletter on the website.

This means it is now more important than ever for you to insure we have your updated e-mail address. For those who don't do email, everything will be on the webpage (also accessible on public computers at the Lakewood Library). Also keep in touch with your block representative who can print off a copy for you.

Check out the website & sign up for notifications

www.lakewoodheights.org



Paul
lost 55 lbs
and 14" in his waist

Find Your Fitness

Paul Atkinson had too much weight and too little energy. With a disciplined, supervised personal training program, along with consistent participation in a weight loss program, he shed pounds and inches and gained strength. Now he can bench-press 325 pounds. That's the power of personal training.

50% off the enrollment fee when you join, or join with a friend and both receive 75% off.

Call 214.820.7872 or visit
baylortomlandryfitnesscenter.com

Tom Landry
FITNESS CENTER

The Tom Landry Fitness Center is part of
the Baylor Health Care System

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Greenville Avenue Restaurant Workers Fund Established

The fires last week at Terilli's, Greenville Avenue Bar & Grill, Mick's and Hurricane Grill affected a part of our extended neighborhood. A "Restaurant Employee Relief Fund Bank Account" has been set up to raise money for employees directly affected by the fire. Donations can be made at any local Branch Banking & Trust (BB&T) branch. The account name: Restaurant Employee Relief Fund.

The account is coordinated by the Greenville Avenue Restaurant Association, The Greenville Avenue Area Business Association, The Greenville Merchants Association, and the Historic Greenville Avenue Area Business Association. The Funds will be dispersed by the owners of the businesses on a case by case basis in coordination with the Associations managing the account

Welcome Spring!

by Marian Buchanan, Master gardener & LHNA Member



Lakewood heights gardeners are itching to get their thumbs green again. Try to wait until after March 15th to plant anything outdoors since that's the average date of our last freeze so there's a risk of another one as part of the winter season. But now is the perfect time to begin improving the soil in your planting beds, assuming it dries out enough to do so.

Soil Improvements

For new planting beds, the Extension Service recommends at least 3 inches of finished compost and 3 inches of expanded day shale as a one-time additive, turned into the soil. Expanded shale is sold by the bag at many garden centers, but may be hard to find at big box stores. It is also sold by the truckload ad bulk soil/rock/gravel stores. Soil Building Systems is just one source—they also sell "Gumbo Buster", which is a 50-50 mix of the shale and compost. Expanded shale will physically improve the texture and drainage of our heavy day soils, while organic matter also improves the availability of nutrients.

Worm castings are sold at organic nurseries and are a great addition to the potting soil for container plants. In your existing planning areas, add compost every year, since it

breaks down. The compost added to garden beds attracts your very own earthworms that will leave their castings for free.

Prune

Prune back overgrown, vining ground cover like English ivy and Asian jasmine to encourage compact new growth. Remove winter-damage tips from shrubs and other ornamentals. Allow foliage on spring bulbs, like daffodils & Iris, to die back before removing, and to recharge the plants for next year.

Plant

Plant shrubs while the weather is still cool. Plant cool season flowers such as alyssum, daisies, dianthus and geraniums (mid to late March). Plant seasonal vegetables (spinach, radishes, snap beans, cucumbers, lettuce, tomatoes and squash) when soil temp is warm enough for each variety.

Plant Care

Fertilize established shade trees & shrubs before spring growth begins. Divide fall flowering plants, such as asters and mums. Check new growth on ornamental plants for aphids and scale insects and treat if necessary. Organic products such as insecticidal soaps and horticultural oil can help control these problems. (Always follow label directions.) Continue to protect tender plants from late freezes.

Gardening questions: Call Dallas County Master Gardeners weekdays from 8:30 to 4:30. 214-904-3053.

LHNA Bylaws

Every March the neighborhood association holds annual elections and selects new Street Representatives and Officers. This year we're electing a new president, so it's worth reviewing the process before the March 18th meeting.

LHNA's bylaws set up a grass-roots organization: **11 Street Representatives**, elected by their neighbors, make up the majority of the Board of Directors, along with the 4 Officers. The Street Reps recruit 2 to 3 **Block Captains** to help deliver the newsletter and act as sounding boards for their neighbors. The

Street Reps primary duty is to attend the monthly Board meetings and bring their ideas to the table. They also help with the **Crime Watch**.

Our 4 Officers, elected by the entire membership, do the usual chores. The **Treasurer** keeps the check-book and deposits the dues and any other income. The **Secretary** keeps notes of what goes on in the meetings and handles what correspondence may be needed. The **Vice-President** does what is delegated by the President and conducts meetings if the President is absent. The **President** is the face

and voice of LHNA when we take a position; meeting with City officials, developers and neighborhood leaders, and conducts meetings and delegates tasks.

Committee Leaders are chosen by The Board of Directors; the bylaws provide for 5, additional Committees are set up as needed.

Participation is the key to every vibrant Neighborhood Association – the more hands, the lighter the work; the more minds, the brighter the ideas. How can you get involved?